



THRIVE AS A STUDENT

ULTIMATE COLLEGE DORM PACKING LIST

BEDDING

- ___ Two pairs of sheets with pillowcases (twin or twin XL; check with your school)
- ___ Comforter set
- ___ Bed skirt
- ___ Pillows
- ___ Foam topper or mattress pad
- ___ Mattress cover
- ___ Throw blankets
- ___ Throw pillow

DECORATIONS

- ___ Pictures, posters, and other decorations
- ___ Wall adhesives
- ___ Bulletin board and push pins

STORAGE AND ORGANIZATIONAL ACCESSORIES

- ___ Hangers
- ___ Shoe storage
- ___ Bed lifts/risers
- ___ Under-the-bed storage containers
- ___ Space bags
- ___ Drawer organizer
- ___ Closet organizer
- ___ Jewelry organizer
- ___ Safe

LAUNDRY ACCESSORIES

- ___ Collapsible laundry basket
- ___ Detergent
- ___ Bleach
- ___ Dryer sheets

- ___ Iron
- ___ Stain remover (pen or bottle)
- ___ Sewing kit
- ___ Lingerie bag

TOILETRIES

- ___ Toothbrush
- ___ Toothpaste
- ___ Floss
- ___ Mouthwash
- ___ Shampoo
- ___ Conditioner
- ___ Body soap
- ___ Face soap
- ___ Razor
- ___ Shaving cream
- ___ Deodorant
- ___ Hairbrush or comb
- ___ Sunscreen
- ___ Lip balm

ADDITIONAL PERSONAL ITEMS

- ___ Hair dryer, straightener, and/or curling iron
- ___ Hair products
- ___ Hair elastics
- ___ Shower cap
- ___ Makeup
- ___ Makeup mirror
- ___ Makeup remover
- ___ Lotion
- ___ Facial moisturizer
- ___ Vaseline
- ___ Topical acne cream

- ___ Retainer/mouthguard
- ___ Nail kit
- ___ Nail polish
- ___ Nail polish remover
- ___ Tweezers
- ___ Beard trimmer
- ___ Aftershave
- ___ Contact solution
- ___ Eyeglass cleaner
- ___ Eye drops
- ___ Perfume/cologne

BATHROOM SUPPLIES

- ___ Towels
- ___ Washcloths or loofah
- ___ Shower caddy
- ___ Soap case
- ___ Flip flops
- ___ Robe

KITCHEN ITEMS

- ___ Travel mug
- ___ Reusable water bottle
- ___ Utensils
- ___ Plastic dishes
- ___ Can opener
- ___ Tupperware
- ___ Dish washing soap
- ___ Dish towels
- ___ Sponge
- ___ Chip clips
- ___ Sealable plastic bags



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NONPERISHABLE FOOD ITEMS

- Chips
- Pretzels
- Popcorn
- Cereal/instant oatmeal
- Coffee
- Tea
- Hot chocolate
- Nondairy creamer
- Sugar
- Granola bars
- Ramen
- Canned soup
- Peanut butter
- Honey
- Trail mix
- Dried fruit
- Jerky
- Instant macaroni and cheese

MEDICAL NEEDS

- Prescription medications
- Vitamins
- Alcohol wipes or another antiseptic
- Adhesive bandages of varying sizes
- Gauze
- First aid tape
- Antibiotic ointment
- Aloe Vera gel
- Calamine lotion
- ACE bandage
- Ice pack

- Electric heating pad
- Pain reliever, such as acetaminophen or ibuprofen
- Thermometer
- Cough drops
- Cold and cough medicine
- Antacid tablets such as Tums or Pepto-Bismol
- Antidiarrheal medicine such as Imodium or Pepto-Bismol
- Allergy medicine
- Motion sickness medicine for travel
- Gloves
- Hand sanitizer
- First aid manual
- Scissors
- Tweezers
- Insect repellent

IMPORTANT DOCUMENTS

- Prescription refill information
- Copy of insurance card
- Medical information: blood type, emergency contacts, and doctor's info
- Passport
- Social security card
- Copy of birth certificate
- Enrollment information
- Checks and banking information
- Car registration and car insurance information

ELECTRONICS AND TECHNOLOGY

- Alarm clock

- Desk lamp
- Floor lamp
- Fan
- Extension cord
- Surge protector
- Laptop or tablet and keyboard
- Computer charger(s)
- Computer case(s)
- Headphones
- Phone charger
- Graphing calculator
- Flash drives
- External hard drive or subscription to cloud storage
- Flashlight
- Batteries
- Camera, charger, and sd card
- Wireless mouse
- Printer
- Speakers
- Microsoft Office
- Antivirus software for PCs

CLOTHING ITEMS YOU MAY CONSIDER

- Rain jacket
- Rain boots
- Swimsuit
- Workout clothes
- Sneakers
- Formal attire
- Business casual attire
- Hiking boots
- Hats, gloves, and scarves



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- ___ Snow boots
- ___ Winter coat
- ___ Slippers
- ___ Costume items

SCHOOL SUPPLIES

- ___ Backpack or other bag
- ___ Planner
- ___ Notebooks
- ___ Folders
- ___ Binders
- ___ Loose leaf paper
- ___ Pens
- ___ Pencils
- ___ Erasers
- ___ Mini pencil sharpener
- ___ Highlighters
- ___ Wite-Out/correction fluid
- ___ Stapler
- ___ Staples
- ___ Staple remover
- ___ Paper clips
- ___ Binder clips
- ___ Printer paper and ink
- ___ Three-hole punch
- ___ Ruler
- ___ Sticky notes
- ___ Index cards
- ___ Envelopes
- ___ Stamps
- ___ Stationary
- ___ Tape
- ___ Glue
- ___ Markers

- ___ Scissors

MISCELLANEOUS ITEMS

- ___ Bike, helmet, lock, and lights
- ___ Skateboard
- ___ Sports equipment
- ___ Gym bag
- ___ Yoga mat
- ___ Art supplies
- ___ Musical instruments
- ___ Tool kit
- ___ Board games
- ___ Deck of cards
- ___ Favorite books
- ___ Frisbee
- ___ Beach towel
- ___ Outdoor blanket
- ___ Overnight bag
- ___ Umbrella
- ___ Reusable shopping bag
- ___ Earplugs
- ___ Sleep mask
- ___ Pepper spray
- ___ Personal alarm

THINGS YOU COULD SHARE WITH ROOMMATES

Room Accessories

- ___ Area rug
- ___ Welcome mat
- ___ Door mirror
- ___ Dry-erase board

Cleaning Supplies

- ___ Broom and dustpan
- ___ Swiffer
- ___ Glass cleaner
- ___ Paper towels
- ___ Disinfecting wipes
- ___ Trash bags
- ___ Mini vacuum

Bathroom Supplies for Private Bathroom

- ___ Bathroom mats
- ___ Hand soap
- ___ Toothbrush holder
- ___ Shower curtain and rings
- ___ Toilet brush
- ___ Plunger
- ___ Toilet bowl cleaner
- ___ Hand towels
- ___ Air freshener

Kitchen

- ___ Mini fridge
- ___ Microwave
- ___ Coffeemaker
- ___ Electric kettle
- ___ Water filter