



THRIVE AS A STUDENT

NATURAL DISASTER PREPAREDNESS

KNOW THE DIFFERENCE BETWEEN A WATCH, AN ADVISORY, AND A WARNING.

WATCH

A watch typically indicates that conditions are right for a certain type of weather to occur, and that the weather event could occur in the near, but not immediate, future. While a watch signifies that you should be alert and aware of your surroundings, you don't immediately need to seek shelter or prepare to evacuate.

WARNING

A warning is issued when a weather event is occurring or is imminent. At this time, you should get indoors, seek shelter, or evacuate. Warnings may be accompanied by emergency alerts (over the radio, via text message, and displayed on the television), sirens (particularly in locations that are prone to tornadoes), or another attention-grabbing announcement.

ADVISORY

An advisory splits the difference between a watch and a warning. Unlike when a watch is issued, an advisory indicates that weather is expected to occur. However, the expected weather isn't severe enough to issue a warning; it's more likely to cause inconvenience than to cause dangerous conditions.

CREATE YOUR OWN EMERGENCY KIT.

Depending on your location and the type(s) of natural disaster(s) you may be subject to, it may also be wise to include a complete change of clothing, extra warm clothes, sleeping bags, matches, and/or a fire extinguisher. If you take prescription medication or have a severe allergy, consider including extra medication or an EpiPen. The emergency kit should be kept in an easily accessible place in your dorm room or apartment. If you also spend time in your car, consider making two kits, just so you don't get caught off guard when you're driving.

YOUR KIT SHOULD INCLUDE:

At least three gallons of drinking water per person



At least three days' worth of nonperishable food that requires little to no cooking (as well as basic utensils and a can opener if necessary)

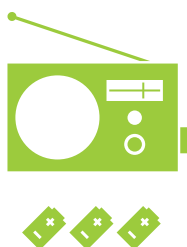
At least three gallons of drinking water and three days' worth of food for each pet



A battery-powered radio with extra batteries

A flashlight with extra batteries

A first aid kit



An emergency blanket

A whistle to attract attention

Maps of the surrounding area

A dust mask to filter the air during wildfires, earthquakes, or landslides



Copies of important documents (health insurance cards, photo identification, etc.)



A written list of phone numbers (family members, emergency services, etc.)

Cash in a variety of bills

