



# THRIVE AS A STUDENT

## ULTIMATE COLLEGE DORM PACKING LIST

### BEDDING

- \_\_\_ Two pairs of sheets with pillowcases (twin or twin XL; check with your school)
- \_\_\_ Comforter set
- \_\_\_ Bed skirt
- \_\_\_ Pillows
- \_\_\_ Foam topper or mattress pad
- \_\_\_ Mattress cover
- \_\_\_ Throw blankets
- \_\_\_ Throw pillow

### DECORATIONS

- \_\_\_ Pictures, posters, and other decorations
- \_\_\_ Wall adhesives
- \_\_\_ Bulletin board and push pins

### STORAGE AND ORGANIZATIONAL ACCESSORIES

- \_\_\_ Hangers
- \_\_\_ Shoe storage
- \_\_\_ Bed lifts/risers
- \_\_\_ Under-the-bed storage containers
- \_\_\_ Space bags
- \_\_\_ Drawer organizer
- \_\_\_ Closet organizer
- \_\_\_ Jewelry organizer
- \_\_\_ Safe

### LAUNDRY ACCESSORIES

- \_\_\_ Collapsible laundry basket
- \_\_\_ Detergent
- \_\_\_ Bleach
- \_\_\_ Dryer sheets

- \_\_\_ Iron
- \_\_\_ Stain remover (pen or bottle)
- \_\_\_ Sewing kit
- \_\_\_ Lingerie bag

### TOILETRIES

- \_\_\_ Toothbrush
- \_\_\_ Toothpaste
- \_\_\_ Floss
- \_\_\_ Mouthwash
- \_\_\_ Shampoo
- \_\_\_ Conditioner
- \_\_\_ Body soap
- \_\_\_ Face soap
- \_\_\_ Razor
- \_\_\_ Shaving cream
- \_\_\_ Deodorant
- \_\_\_ Hairbrush or comb
- \_\_\_ Sunscreen
- \_\_\_ Lip balm

### ADDITIONAL PERSONAL ITEMS

- \_\_\_ Hair dryer, straightener, and/or curling iron
- \_\_\_ Hair products
- \_\_\_ Hair elastics
- \_\_\_ Shower cap
- \_\_\_ Makeup
- \_\_\_ Makeup mirror
- \_\_\_ Makeup remover
- \_\_\_ Lotion
- \_\_\_ Facial moisturizer
- \_\_\_ Vaseline
- \_\_\_ Topical acne cream

- \_\_\_ Retainer/mouthguard
- \_\_\_ Nail kit
- \_\_\_ Nail polish
- \_\_\_ Nail polish remover
- \_\_\_ Tweezers
- \_\_\_ Beard trimmer
- \_\_\_ Aftershave
- \_\_\_ Contact solution
- \_\_\_ Eyeglass cleaner
- \_\_\_ Eye drops
- \_\_\_ Perfume/cologne

### BATHROOM SUPPLIES

- \_\_\_ Towels
- \_\_\_ Washcloths or loofah
- \_\_\_ Shower caddy
- \_\_\_ Soap case
- \_\_\_ Flip flops
- \_\_\_ Robe

### KITCHEN ITEMS

- \_\_\_ Travel mug
- \_\_\_ Reusable water bottle
- \_\_\_ Utensils
- \_\_\_ Plastic dishes
- \_\_\_ Can opener
- \_\_\_ Tupperware
- \_\_\_ Dish washing soap
- \_\_\_ Dish towels
- \_\_\_ Sponge
- \_\_\_ Chip clips
- \_\_\_ Sealable plastic bags



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### NONPERISHABLE FOOD ITEMS

- Chips
- Pretzels
- Popcorn
- Cereal/instant oatmeal
- Coffee
- Tea
- Hot chocolate
- Nondairy creamer
- Sugar
- Granola bars
- Ramen
- Canned soup
- Peanut butter
- Honey
- Trail mix
- Dried fruit
- Jerky
- Instant macaroni and cheese

### MEDICAL NEEDS

- Prescription medications
- Vitamins
- Alcohol wipes or another antiseptic
- Adhesive bandages of varying sizes
- Gauze
- First aid tape
- Antibiotic ointment
- Aloe Vera gel
- Calamine lotion
- ACE bandage
- Ice pack

- Electric heating pad
- Pain reliever, such as acetaminophen or ibuprofen
- Thermometer
- Cough drops
- Cold and cough medicine
- Antacid tablets such as Tums or Pepto-Bismol
- Antidiarrheal medicine such as Imodium or Pepto-Bismol
- Allergy medicine
- Motion sickness medicine for travel
- Gloves
- Hand sanitizer
- First aid manual
- Scissors
- Tweezers
- Insect repellent

### IMPORTANT DOCUMENTS

- Prescription refill information
- Copy of insurance card
- Medical information: blood type, emergency contacts, and doctor's info
- Passport
- Social security card
- Copy of birth certificate
- Enrollment information
- Checks and banking information
- Car registration and car insurance information

### ELECTRONICS AND TECHNOLOGY

- Alarm clock

- Desk lamp
- Floor lamp
- Fan
- Extension cord
- Surge protector
- Laptop or tablet and keyboard
- Computer charger(s)
- Computer case(s)
- Headphones
- Phone charger
- Graphing calculator
- Flash drives
- External hard drive or subscription to cloud storage
- Flashlight
- Batteries
- Camera, charger, and sd card
- Wireless mouse
- Printer
- Speakers
- Microsoft Office
- Antivirus software for PCs

### CLOTHING ITEMS YOU MAY CONSIDER

- Rain jacket
- Rain boots
- Swimsuit
- Workout clothes
- Sneakers
- Formal attire
- Business casual attire
- Hiking boots
- Hats, gloves, and scarves



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- \_\_\_ Snow boots
- \_\_\_ Winter coat
- \_\_\_ Slippers
- \_\_\_ Costume items

### SCHOOL SUPPLIES

- \_\_\_ Backpack or other bag
- \_\_\_ Planner
- \_\_\_ Notebooks
- \_\_\_ Folders
- \_\_\_ Binders
- \_\_\_ Loose leaf paper
- \_\_\_ Pens
- \_\_\_ Pencils
- \_\_\_ Erasers
- \_\_\_ Mini pencil sharpener
- \_\_\_ Highlighters
- \_\_\_ Wite-Out/correction fluid
- \_\_\_ Stapler
- \_\_\_ Staples
- \_\_\_ Staple remover
- \_\_\_ Paper clips
- \_\_\_ Binder clips
- \_\_\_ Printer paper and ink
- \_\_\_ Three-hole punch
- \_\_\_ Ruler
- \_\_\_ Sticky notes
- \_\_\_ Index cards
- \_\_\_ Envelopes
- \_\_\_ Stamps
- \_\_\_ Stationary
- \_\_\_ Tape
- \_\_\_ Glue
- \_\_\_ Markers

- \_\_\_ Scissors

### MISCELLANEOUS ITEMS

- \_\_\_ Bike, helmet, lock, and lights
- \_\_\_ Skateboard
- \_\_\_ Sports equipment
- \_\_\_ Gym bag
- \_\_\_ Yoga mat
- \_\_\_ Art supplies
- \_\_\_ Musical instruments
- \_\_\_ Tool kit
- \_\_\_ Board games
- \_\_\_ Deck of cards
- \_\_\_ Favorite books
- \_\_\_ Frisbee
- \_\_\_ Beach towel
- \_\_\_ Outdoor blanket
- \_\_\_ Overnight bag
- \_\_\_ Umbrella
- \_\_\_ Reusable shopping bag
- \_\_\_ Earplugs
- \_\_\_ Sleep mask
- \_\_\_ Pepper spray
- \_\_\_ Personal alarm

### THINGS YOU COULD SHARE WITH ROOMMATES

#### Room Accessories

- \_\_\_ Area rug
- \_\_\_ Welcome mat
- \_\_\_ Door mirror
- \_\_\_ Dry-erase board

### Cleaning Supplies

- \_\_\_ Broom and dustpan
- \_\_\_ Swiffer
- \_\_\_ Glass cleaner
- \_\_\_ Paper towels
- \_\_\_ Disinfecting wipes
- \_\_\_ Trash bags
- \_\_\_ Mini vacuum

### Bathroom Supplies for Private Bathroom

- \_\_\_ Bathroom mats
- \_\_\_ Hand soap
- \_\_\_ Toothbrush holder
- \_\_\_ Shower curtain and rings
- \_\_\_ Toilet brush
- \_\_\_ Plunger
- \_\_\_ Toilet bowl cleaner
- \_\_\_ Hand towels
- \_\_\_ Air freshener

### Kitchen

- \_\_\_ Mini fridge
- \_\_\_ Microwave
- \_\_\_ Coffeemaker
- \_\_\_ Electric kettle
- \_\_\_ Water filter